



HEALTHY Mendocino
Connecting people and information for better health

What's New! May 2015

May: Feature Story

Bringing Patient-Centered Medical Homes to Mendocino County

by *Sandy O'Farrell*

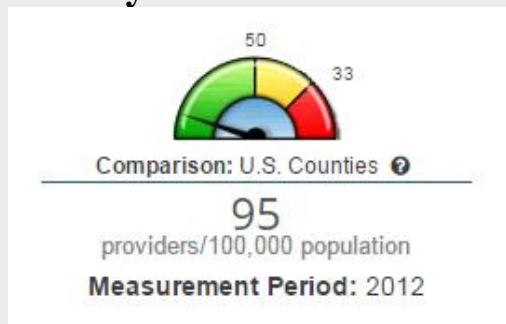
Health care is changing quickly under health care reform, with implications for both consumers and health care organizations. Consumers are being asked to make more choices and decisions about their care than ever before; and health care providers are being asked to reform and restructure health care delivery.

The concept of the patient-centered medical home (PCMH) is at the center of several of the changes under way. Read on!

View the full article [here](#)

Feature Indicator

Primary Care Rate



Primary care providers include practicing physicians specializing in general practice medicine, family medicine,

Latest news

Human Race

The Human Race brought in over \$23,846 in Team Pledges as of May 8. The best year yet! The top three teams were, in order: Ukiah Valley Medical Center, Focus on Healing, Ukiah Police Office Association, and MCAVAN.

Read more [here](#)

[Click here for fun photos](#)

May is National Foster Care Month

National Foster Care Month is a time to honor foster families who have opened their hearts and homes to temporarily care for the children and youth of our community. It is also a time to raise awareness of the need for foster families in Mendocino County. To date, Mendocino County has 250 children and youth placed in foster care within the County and 75 that have been placed out of County.

internal medicine, and pediatrics. Access to primary care providers increases the likelihood that community members will have routine checkups and screenings. Moreover, those with access to primary care are more likely to know where to go for treatment in acute situations. Communities that lack a sufficient number of primary care providers typically have members who delay necessary care when sick and conditions can become more severe and complicated.

Learn more at HealthyMendocino.org

May is Mental Health Awareness Month

Often, people are more willing to assist someone who appears to have a physical injury, but less likely to help someone with a mental health issue. This can be due to a lack of knowledge or understanding, not knowing how to help, and not knowing what the available community resources are.

Click [here](#) to read the full article and find out about local classes on this topic.

Community Calendar

See the [events](#) happening in Mendocino County

Have an upcoming event? Submit it [here](#) or [contribute](#) other content.

Like Us on Facebook

Help us use this Social Media to inspire conversation and communicate about new information or changes on the site.

For more information and classes on becoming a Foster Parent click [here](#).

New Indicator Updates

We've updated the County Health Rankings indicators for 2015! The updated measures span a wide range of topics including health outcomes, health behaviors, clinical care, and the social/economic/physical environment. To see what we've updated, check out your [Community Dashboard](#) and look for the green "new" tags.

Policy Corner

Check out our new Policy Corner on the Home Page of HealthyMendocino.org! This month find out more about SB-328 Safe and Healthy Housing



Policy Corner

SB-328 Asthma – Safe and Healthy Housing

Exposure to pests, such as rodents and arthropods, such as cockroaches, in one's home has clear health impacts. SB-328 would require landlord's to provide a current tenant with specified notice of the use of pesticides.

[Read more](#)

**Today's Headlines
for healthfinder.gov**

Antibiotics May Be Overused in Many Neonatal ICUs, Study Finds

For Earth Day, Turn Off the Faucet and the Ignition

Statins Carry Some Risk for Seniors, Study Suggests

Learn More About Healthy Mendocino



Email healthymendocino@ncoinc.org or call 707-467-3228 to schedule a training for your organization and find the ways in which you can connect with the site, utilizing its many resources.

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2/26/2015

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